



Project Number: 557089 EPP1-2014-IT-SPO-SCP

Workshop with Teachers

Dundee, UK
15 June 2016

Minutes

Participants

Andy Creamer, Grove Academy, Dundee
Billy McGoldrick, Arbroath Academy, Arbroath
Graeme Kidd, Morgan Academy, Dundee
Stephen McGregor, Dundee and Angus College, Dundee

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The meeting opened with Stephen McGregor providing a welcome to all attendees. Apologies were provided from Lesley Mitchell of Craigie High School in Dundee and Alan Weir from Websters High School in Kirriemuir who were unable to attend at the last minute due to school duties.

Stephen commenced by providing an overview of the project to date, covering the Best Practices and Case Studies determined from our region before providing an overview of Best Practices and Case Studies from the various European partners who are also working on the project.

Stephen then introduced the three toolkits to the teachers present. Unfortunately, due to the toolkits being completed and released at one of the busiest times for UK schools – exam time – the teachers present had had little opportunity to review them in any great detail and had definitely not had the internal bandwidth to be able to start investigating and using them within their own areas and schools.

During the toolkit discussions it was noted by all present that the majority of the toolkit content was already being actioned within the Scottish secondary school system. This led to a discussion about the state of sports and physical education provision within the Scottish secondary education system and where we 'ranked' against our other European partners based on the knowledge and learnings picked up by Stephen during project meetings, and also from discussions with our European partners and the toolkit contents. It was determined that whilst all the toolkits were valid methods for enhancing sport and physical activity provision within secondary education establishments, that many of them just were not application to the Scottish or UK secondary education system as they provided information, processes and procedures that were already part of the secondary education system and treated as '*ut fit*'.

It was agreed however that the toolkits can provide a strong framework structure for new teachers entering the Scottish and UK secondary school education system and for providing an audit on current provision within individual educational organisations with the country.

The workshop moved onto the organisation of the sports event. Due to the summer holiday times and the lack of bandwidth during the first few weeks of the new school academic year commencing August 2016, it was decided that the best potential dates to try and gather all five schools together from the large catchment area of 400sq/km and across two local authorities each with their own individual timetables and holiday provision, would be in mid-September. This would provide time for pupils to settle into their new academic year before the event takes place and also allowed some time for further toolkit investigation to take place.



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It was agreed by all that the event would be organised and led by Dundee and Angus College sports lecturers and staff in association with Dundee Academy of Sports staff with the support of Active Schools Dundee.

Following discussion, it was also agreed that providing the pupils with a high-level overview of different module elements and activities would follow the Not Only Fair Play aims and ideals closer than just carrying out a pure sporting event. As the project is investigating multiple aims including balancing the mindset of both high academic achievers and high sporting achievers, it was believed by all participants that providing an event that encompassed as many of the various project elements would be more beneficial for the mixed groups of school pupils that were going to attend, rather than an event which just concentrated on one element of the project; that of promoting minority or non-usual sports.

With this in mind, the discussion moved towards what activities could the school pupils take part in given their varied sporting talents, varied levels of academic achievement and varied levels of physical fitness. It was mentioned that as Dundee and Angus College have a new Fitness Lab as part of Dundee Academy of Sport, that it would be interesting for the school pupils to have a session within this new facility. As Dundee and Angus College also have a brand new gym, a strength and conditioning session was also suggested. In addition, both Dundee and Angus College, Active Schools Dundee and Dundee Academy of Sport look to integrate sport into other curriculum areas and use sport and physical movement to teach other essential skills, it was agreed that a session bringing sport and physical movement into the mainstream academic curriculum would be interesting for the school pupils.

The two final sessions completing the five round-robin sessions would consist of a workshop about nutrition and the benefits of nutrition to both sporting achievement and academic achievement. To provide the school pupils with a sporting activity that would be new to them, it was agreed that the final workshop would be taking part in a non-traditional sport; speedminton and ultimate Frisbee were discussed as possibilities to be confirmed at a later date.

With the sporting event outlined, Stephen wrapped up the meeting with a discussion and evaluation of the actual workshop. This was captured using the relevant paperwork for distribution back to the project partners.

It was agreed that communication would recommence straight after the summer holidays in August 2016 to confirm and finalise details for the sporting event in September.



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